

OFFICIAL SAT PRACTICE

# A Parent's Guide: Getting Your Teen Ready for the SAT



## START



**Sign up for Official SAT® Practice at [satpractice.org](https://satpractice.org).** Official SAT Practice on Khan Academy® is FREE for all students and the best way to prepare for the SAT. Created by Khan Academy and College Board, the makers of the SAT, Official SAT Practice offers thousands of practice questions, video lessons, quizzes and tests, and more.



**Link College Board and Khan Academy accounts for a personalized SAT study plan.** When your child signs up for Official SAT Practice, make sure their Khan Academy account is linked with their College Board account. This sends your child's PSAT™ 8/9, PSAT™ 10, or SAT scores to Khan Academy to create a customized SAT study plan. A child who doesn't have any test scores can take diagnostic quizzes to receive the study plan.

## 2-3 MONTHS BEFORE TEST DAY



**Create a practice schedule on Official SAT Practice, and stick to it.** We recommend that students practice on [satpractice.org](https://satpractice.org) 15-30 minutes per day 6-8 weeks before the test.

## 2-3 MONTHS BEFORE TEST DAY cont'd



**Take a full-length practice test.** Taking a practice test on Official SAT Practice is a perfect way for students to see what their test day experience will be like.

---

## 2 WEEKS BEFORE TEST DAY



**Take another full-length practice test.** Two weeks before every SAT test date is known as **Official SAT Practice Test Day**. On this day, students registered for the SAT should take another full-length practice test at **satpractice.org** to check their progress. This lets students build self-assurance and see exactly where to focus over the next two weeks to get the best possible score.

---

## 1 DAY BEFORE TEST DAY



**Plan ahead.** Triple-check the night before that your child packs everything needed, such as pencils and a calculator, and see that your child gets a good night's sleep.

---

## ON TEST DAY



**Relax and be confident.** Encourage your child to eat a good breakfast, take it easy, and feel positive. Practice pays off!

For more information, visit [satpractice.org](https://satpractice.org).

---

# Discover Colleges That Are Right for Your Teen

There are thousands of colleges in the U.S. The BigFuture® college search tool can help you find the best fit for your teen.



**The college search process can be overwhelming, but BigFuture® is here to help.**

This college search tool allows you and your child to explore options based on what's most important. Filter schools by location, academic program, financial aid, college specialty, and more. Compare colleges side by side, and save your favorites in a college list that your teen can use to keep organized throughout the college planning process.

**Build Your Teen's College List Today: [collegeboard.org/search](https://collegeboard.org/search)**

#### **Four ways to narrow down your teen's search:**

**College Type:** Explore 4-year or 2-year programs, public vs. private institutions, religiously-affiliated schools, and specialty colleges that serve a specific population, such as Historically Black Colleges and Universities, Hispanic-Serving Institutions, Tribal Colleges and Universities, all-men, all-women, etc.

**Campus Life:** Filter schools by sport or club options, disability support services, and campus setting (urban, rural, suburban).

**Academics:** Search through hundreds of fields of study that will help your teen reach their career goals.

**Location:** Find schools near and far with the location filter. Consider states or climates your teen might like to be in.

